

DRZPHED

Dr. Natalia Zhikhareva

SOCIAL MEDIA & EVENT PLANNING KIT



Hello!

I am Dr. Natalia Zhikhareva, known as Dr. Z, and I speak on a wide range of topics related to transgender identity, gender in today's culture, women entrepreneurs, and how to show up authentically in your work and life.

I am also a national speaker on gender issues and transgender care and have been featured as an expert on numerous platforms: [Google Trans Conference](#), [Forbes Health](#), [BuzzFeed News](#), [Los Angeles County Psychological Association](#), and [Authority Magazine](#).

Dr. Z



Keynote Topics



as a speaker

I thrive on inspiring, motivating, educating, and helping your community create paradigm and perspective shifts!

My speaking experiences as a clinical psychologist revolve around discussions on gender, Gender Dysphoria, and transgender identity in adults. I have spoken in both clinical, medical, and public settings.

As a woman entrepreneur running my own successful niche business for the past 20 years, I am also a motivational speaker for young mental health professionals and women entrepreneurs who want to build and run a passion-driven business. My passion is to help them discover the community they want to serve and how to trust your inner self in taking the leap forward.



FACIALTEAM
FACIAL FEMINIZATION SURGERY



Empowered
Trans Woman



I have appeared as a motivational and a keynote speaker on the following stages:



CENTER
FOR
HEALTHY
SEX



Authority Magazine



Forbes HEALTH

BuzzFeed News



DR. AVA CADELL'S
LOVEOLOGY UNIVERSITY®
HIGHER LEARNING & LOVING

What people are saying

MAKE A
DIFFERENCE,
HOST
INSPIRATION
AL TALKS

Dr. Z

“I’ve been waiting to feel brave to be myself my entire life. I’m doing it. Thank you for you for helping me realize fear won’t go away and ways I can take steps forward”

-Janet

“Wow! This made me feel so heard! I honestly feel like you hit all the points that I was and am continuing to feel about fear! Thank you and for understanding the feelings others and I go through!”

-Cyrus

“Your passion really shows not only through your words but also by how your face brightens up when you talk about this.”

-Floria

“Thank you for doing the work you do and sharing with us. You have been able to reach inside me and find things only I thought I knew about me.”

-Sarah

Want me to be a guest
keynote speaker at your
event or a guest on your
podcast?



Thank you!

Let's Connect

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